**Intersectional Anticipated Discrimination Scale (INDI-A)**

Instructions: These questions are about experiences related to who you are. This includes both how you describe yourself and how others might describe you. For example, your skin color, ancestry, nationality, religion, gender, sexuality, age, weight, disability or mental health issue, and income

1. Because of who I am, a doctor or nurse, or other health care provider might treat me poorly.

\_0. Strongly Disagree

\_1. Disagree

\_2. Neither agree nor Disagree

\_3. Agree

\_4. Strongly Agree

1. Because of who I am, I might have trouble finding or keeping a job.

\_0. Strongly Disagree

\_1. Disagree

\_2. Neither agree nor Disagree

\_3. Agree

\_4. Strongly Agree

1. Because of who I am, I might have trouble getting an apartment or house.

\_0. Strongly Disagree

\_1. Disagree

\_2. Neither agree nor Disagree

\_3. Agree

\_4. Strongly Agree

1. I worry about being treated unfairly by a teacher, supervisor, or employer.

\_0. Strongly Disagree

\_1. Disagree

\_2. Neither agree nor Disagree

\_3. Agree

\_4. Strongly Agree

5. I may be denied a bank account, loan, or mortgage because of who I am.

\_0. Strongly Disagree

\_1. Disagree

\_2. Neither agree nor Disagree

\_3. Agree

\_4. Strongly Agree

1. I worry about being harassed or stopped by police or security.

\_0. Strongly Disagree

\_1. Disagree

\_2. Neither agree nor Disagree

\_3. Agree

\_4. Strongly Agree

1. Because of who I am, people might try to attack me physically.

\_0. Strongly Disagree

\_1. Disagree

\_2. Neither agree nor Disagree

\_3. Agree

\_4. Strongly Agree

1. I expect to be pointed at, called names, or harassed when in public.

\_0. Strongly Disagree

\_1. Disagree

\_2. Neither agree nor Disagree

\_3. Agree

\_4. Strongly Agree

1. I fear that I will have a hard time finding friendship or romance because of who I am.

\_0. Strongly Disagree

\_1. Disagree

\_2. Neither agree nor Disagree

\_3. Agree

\_4. Strongly Agree

**Intersectional Day to Day Discrimination Index (InDI-D)**

Instructions: These questions are about experiences related to **who you are**. This includes both how you describe yourself and how others might describe you. For example, your skin color, ancestry, nationality, religion, gender, sexuality, age, weight, disability or mental health issue, and income.

**Because of who you are, have you…**.

1. Heard, saw, or read others joking or laughing about you (or people like you).

\_0. Never

\_1. Yes, but not in the past year

\_2. Yes, once or twice in the past year

\_3. Yes, many times in the past year

1. Been treated as if you are unfriendly, unhelpful, or rude.

\_0. Never

\_1. Yes, but not in the past year

\_2. Yes, once or twice in the past year

\_3. Yes, many times in the past year

1. Been called names or heard/saw your identity used as an insult.

\_0. Never

\_1. Yes, but not in the past year

\_2. Yes, once or twice in the past year

\_3. Yes, many times in the past year

1. Been treated as if others are afraid of you.

\_0. Never

\_1. Yes, but not in the past year

\_2. Yes, once or twice in the past year

\_3. Yes, many times in the past year

1. Been stared or pointed at in public.

\_0. Never

\_1. Yes, but not in the past year

\_2. Yes, once or twice in the past year

\_3. Yes, many times in the past year

1. Been told that you should think, act, or look more like others.

\_0. Never

\_1. Yes, but not in the past year

\_2. Yes, once or twice in the past year

\_3. Yes, many times in the past year

1. Heard that you or people like you don’t belong.

\_0. Never

\_1. Yes, but not in the past year

\_2. Yes, once or twice in the past year

\_3. Yes, many times in the past year

1. Been asked inappropriate, offensive, or overly personal questions.

\_0. Never

\_1. Yes, but not in the past year

\_2. Yes, once or twice in the past year

\_3. Yes, many times in the past year

1. Been treated as if you are less smart or capable than others.

\_0. Never

\_1. Yes, but not in the past year

\_2. Yes, once or twice in the past year

\_3. Yes, many times in the past year

**Intersectional Major Discrimination Index (InDI-M)**

Instructions: As a reminder, we are interested in experiences related to who you are. This includes both how you describe yourself and how others might describe you. For example, your skin color, ancestry, nationality, religion, gender, sexuality, age, weight, disability or mental health issue, and income.

1. Because of who you are, has a health care provider ever refused you care?

\_0. Never (skip to question 20)

\_1. Once

\_2. More than once

19a. Has this happened to you in the past 12 months? \_0. No \_1. Yes

1. Because of who you are, have you ever been fired or dismissed from a job, or been turned down for a job that you interviewed for?

\_0. Never (skip to question 21)

\_1. Once

\_2. More than once

20a. Has this happened to you in the past 12 months? \_0. No \_1. Yes

1. Because of who you are, have you ever been evicted or denied housing?

\_0. Never (skip to question 22)

\_1. Once

\_2. More than once

21a. Has this happened to you in the past 12 months? \_0. No \_1. Yes

1. Because of who you are, have you ever been unreasonably stopped and questioned, searched, or arrested by police or security?

\_0. Never (skip to question 23)

\_1. Once

\_2. More than once

22a. Has this happened to you in the past 12 months? \_0. No \_1. Yes

1. Because of who you are, have you ever been unreasonably expelled or suspended from school?

\_0. Never (skip to question 24)

\_1. Once

\_2. More than once

23a. Has this happened to you in the past 12 months?  \_0. No \_1. Yes

1. Because of who you are, have you ever been unable to open a bank account, cash a cheque, or get a loan?

\_0. Never (skip to question 25)

\_1. Once

\_2. More than once

24a. Has this happened to you in the past 12 months? \_0. No \_1. Yes

1. Because of who you are, have you ever had to move to another neighborhood, town, city, state, province, or country?

\_0. Never (skip to question 26)

\_1. Once

\_2. More than once

25a. Has this happened to you in the past 12 months? \_0. No \_1. Yes

1. Because of who you are, have you ever lost a close relationship (e.g., with a family member, friend, or partner)?

\_0. Never (skip to question 27)

\_1. Once

\_2. More than once

26a. Has this happened to you in the past 12 months? \_0. No \_1. Yes

1. Because of who you are, have you ever been repeatedly harassed at work or school, where you live, or when accessing services?

\_0. No (skip to question 28)

\_1. Yes, in one place

\_2. Yes, in more than one place

27a. Has this happened to you in the past 12 months? \_0. No \_1. Yes

1. Because of who you are, have you ever been threatened with a physical or sexual attack?

\_0. Never (skip to question 29)

\_1. Once

\_2. More than once

28a. Has this happened to you in the past 12 months? \_0. No \_1. Yes

1. Because of who you are, have you ever been physically attacked (e.g., spit on, had objects thrown at you, hit, punched, pushed or grabbed, beaten)?

\_0. Never (skip to question 30)

\_1. Once

\_2. More than once

29a. Has this happened to you in the past 12 months? \_0. No \_1. Yes

1. Because of who you are, have you ever been made to engage in sexual activity, or been touched in a sexual way, that you didn’t want?

\_0. Never (skip to question 31)

\_1. Once

\_2. More than once

30a. Has this happened to you in the past 12 months? \_0. No \_1. Yes

1. Because of who you are, have you ever had someone take, damage, or vandalize your property?

\_0. Never (end of questionnaire)

\_1. Once

\_2. More than once

31a. Has this happened to you in the past 12 months? \_0. No \_1. Yes

*Refrain from providing the following information to participants:*

In the INDI-M subscale, the questions asking “Has this happened to you in the past 12 months?” are optional. If omitted, past year major discrimination subscale cannot be calculated.

Scoring instructions:

Please see Scheim & Bauer 2019 for rationale. These are novel measures that continue to be evaluated in ongoing studies. You are free to modify response options and scoring procedures.

* InDI-A Score each item from 0 (strongly disagree) to 4 (strongly agree), sum, and calculate a mean score (0-4).
* InDI-D

Lifetime day-to-day discrimination: for each item, code as 1 (versus 0) if any option other than “no” is endorsed. Sum to generate frequency scores ranging from 0 to 9.

Past year day-to-day discrimination: for each item, code as 0 (no), 1 (once or twice), or 2 (many times). Sum to generate frequency scores ranging from 0 to 18.

* InDI-M

Lifetime major discrimination: for each item (19-31), code as 0 (never), 1 (once), or 2 (more than once; or in more than one place for Item 27). Sum to generate frequency scores ranging from 0-26.

Past year major discrimination: for each item (19a-31a), code as 1 (yes) or 0 (no). Sum to generate frequency scores ranging from 0-13.

Reference:

[Scheim AI, Bauer GR. The Intersectional Discrimination Index: Development and validation of measures of self-reported enacted and anticipated discrimination for intercategorical analysis. *Soc Sci Med*. 2019;226:225-235. Doi:10.1016/j.socscimed.2018.12.016](https://pubmed.ncbi.nlm.nih.gov/30674436/)