**Instructions:** This questionnaire is designed to measure your ability to experience pleasure in the last few days.

1. I would enjoy my favorite television or radio program

\_0. Strongly Disagree

\_1. Disagree

\_2. Agree

\_3. Strongly Agree

\_99. Prefer not to answer

1. I would enjoy being with my family or close friends

\_0. Strongly Disagree

\_1. Disagree

\_2. Agree

\_3. Strongly Agree

\_99. Prefer not to answer

1. I would find pleasure in my hobbies and past times

\_0. Strongly Disagree

\_1. Disagree

\_2. Agree

\_3. Strongly Agree

\_99. Prefer not to answer

1. I would be able to enjoy my favorite meal

\_0. Strongly Disagree

\_1. Disagree

\_2. Agree

\_3. Strongly Agree

\_99. Prefer not to answer

1. I would enjoy a warm bath or refreshing shower

\_0. Strongly Disagree

\_1. Disagree

\_2. Agree

\_3. Strongly Agree

\_99. Prefer not to answer

1. I would find pleasure in the scent of flowers or the smell of a fresh sea breeze or freshly baked bread

\_0. Strongly Disagree

\_1. Disagree

\_2. Agree

\_3. Strongly Agree

\_99. Prefer not to answer

1. I would enjoy seeing other people's smiling faces

\_0. Strongly Disagree

\_1. Disagree

\_2. Agree

\_3. Strongly Agree

\_99. Prefer not to answer

1. I would enjoy looking smart when I have made an effort with in my appearance

\_0. Strongly Disagree

\_1. Disagree

\_2. Agree

\_3. Strongly Agree

\_99. Prefer not to answer

1. I would enjoy reading a book, magazine, or newspaper

\_0. Strongly Disagree

\_1. Disagree

\_2. Agree

\_3. Strongly Agree

\_99. Prefer not to answer

1. I would enjoy a cup of tea or coffee or my favorite drink

\_0. Strongly Disagree

\_1. Disagree

\_2. Agree

\_3. Strongly Agree

\_99. Prefer not to answer

1. I would find pleasure in small things, e.g. bright sunny day, a telephone call from a friend

\_0. Strongly Disagree

\_1. Disagree

\_2. Agree

\_3. Strongly Agree

\_99. Prefer not to answer

1. I would be able to enjoy a beautiful landscape or view

\_0. Strongly Disagree

\_1. Disagree

\_2. Agree

\_3. Strongly Agree

\_99. Prefer not to answer

1. I would get pleasure from helping others

\_0. Strongly Disagree

\_1. Disagree

\_2. Agree

\_3. Strongly Agree

\_99. Prefer not to answer

1. I would feel pleasure when I receive praise from other people

\_0. Strongly Disagree

\_1. Disagree

\_2. Agree

\_3. Strongly Agree

\_99. Prefer not to answer

*Refrain from providing the following information to participants:*

Reference:

Snaith, R.P., Hamilton, M., Morley, S., Humayan, A., Hargreaves, D., & Trigwell, P. (1995). A scale for the assessment of hedonic tone the Snaith-Hamilton Pleasure Scale. Br J Psychiatry, 167(1), 99-103.

Scoring Information:

If "Strongly disagree" or "disagree" is chosen, item receives a score of 1. If "Strongly agree" or "agree" is chosen, item receives a score of 0. Sum the scores, skipping items marked as "prefer not to answer". A higher SHAPS score indicates higher level of anhedonia (inability to experience joy or pleasure from life’s experiences).