

# Health Equity and Pain Across the Life Course

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HEAL Pain Strategic Planning Workshop

December 6, 2024

# Health and Pain Equity Committee



Dr. Susmita Kashikar-Zuck  
Cincinnati Children's Hospital

Co-Chair

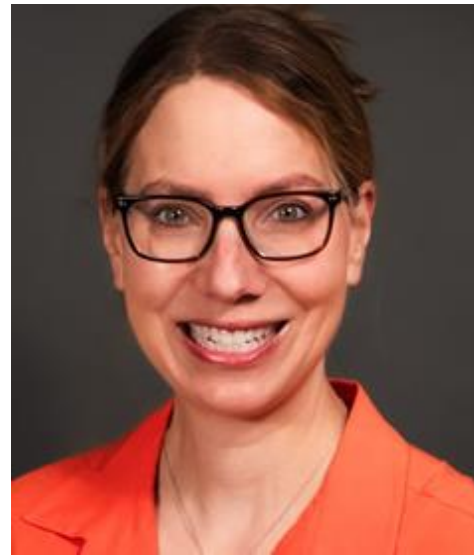


Dr. Tamara Baker  
University of North  
Carolina, Chapel Hill

Co-Chair



Dr. Staja Booker  
University of Florida



Dr. Mary Janevic  
University of Michigan



Dr. Vani Mathur  
Texas A&M



Dr. Edwin Aroke  
University of Alabama  
at Birmingham



Dr. Tonya Palermo  
Seattle Children's  
Research Institute



Dr. Soumitri Sil  
Children's Healthcare  
of Atlanta




Quána Madison  
Quána Madison Art &  
Consulting

# PRIORITY

- To integrate the understanding and underlying social, behavioral, and clinical impact of **pain equity** across the other committees and topic areas within the HEAL initiative
- Cross cutting interests of this committee include –
  - Equity in pain therapeutics development
  - Understanding biomarkers and predictors in diverse populations
  - Optimizing interventions to increase equity and access
  - Implementation and health services research to promote equity in care
  - Understand pain risk in vulnerable and marginalized groups
  - Workforce training to enhance a diverse workforce and increase understanding of equity and inclusion in pain research and care.

# OBJECTIVES

- **Identify critical gaps** in our knowledge about the biopsychosocial risk factors for development and maintenance of chronic pain across the life course
  - **Highlight areas of need** for culturally and developmentally informed treatments
  - **Develop and prioritize** the top 8-10 areas of focus for research investment to lower risk for high impact pain and advance equity in pain outcomes across all individuals
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## HEALTH EQUITY AND PAIN ACROSS THE LIFE-COURSE SUBCOMMITTEE

### AGENDA

December 6, 2024

- **Welcome from Subcommittee Co-lead** 1:30-1:35 PM
  - Speaker: Tamara Baker
- **Introductory Remarks**, 1:35-1:40 PM
  - Speaker: Kathleen Sluka
- **Lived Experience Presentation** 1:40-1:55 PM
  - Title: *The Evolution of My Pain Journey*
  - Speaker: Quána Madison
- **Presentation**, 1:55-2:10 PM
  - Title: *Equity Needs from a Community-Engaged Perspective: Gaps, Barriers, and Potential Priorities*
  - Speaker: Kate Nicholson
- **Scientific Presentation 1** 2:10-2:25 PM
  - Title: *Social Determinants of Biological Pain Mechanisms - Insights and Implication*
  - Speaker(s): Vani Mathur / Edwin Aroke
- **Break.** 2:25-2:35 PM
- **Scientific Presentation 2**, 2:35-2:50 PM
  - Title: *Making pain in childhood matter: Improving equity to reduce the life-long impact of pain*
  - Speaker(s): Tonya Palermo
- **Scientific Presentation 3**, 2:50-3:05 PM
  - Title: *Social determinants, intersectionality, and equity, OH MY!: Justice in pain management for older adults*
  - Speaker(s): Star Booker / Mary Janevic
- **Discussion of Scientific Presentations**, 3:05-3:15 PM
- **Subcommittee panel discussion of areas of interest**, 3:15-3:45 PM
- **Synthesis and adjournment**, 3:45-4:00 PM
  - Subcommittee co-leads, Susmita Kashikar-Zuck and Tamara Baker
- **Adjourn**, 4:00 PM

# Introductory Remarks

## Dr. Kathleen Sluka

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