

# About Neonatal Opioid Withdrawal Syndrome (NOWS)

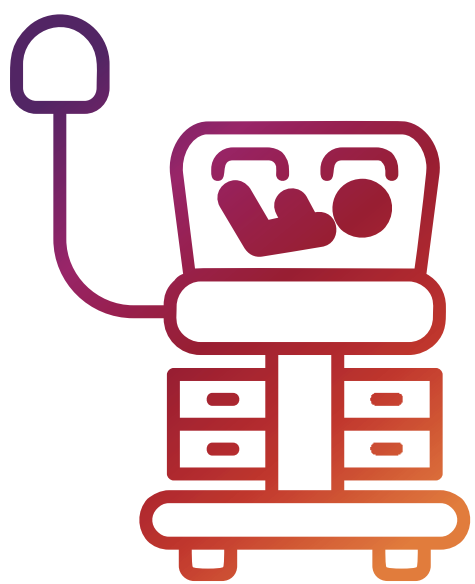


**Every day** in the United States, **60 infants** are diagnosed with neonatal opioid withdrawal syndrome (NOWS).



Many infants exposed to opioids during pregnancy experience serious withdrawal symptoms, including:

- ▶ Tremors
- ▶ Excessive crying and irritability
- ▶ Difficulty sleeping
- ▶ Problems with feeding and breathing



Infants with NOWS require hospital care and, often, opioid medications in the first days of life to treat their withdrawal symptoms. New research from the Helping to End Addiction Long-term<sup>®</sup> Initiative, or NIH HEAL Initiative<sup>®</sup>, found that the Eat, Sleep, Console care approach significantly reduces hospital stays and need for medication among opioid-exposed infants.